

# LITTLE ROCKERS KIDS MARATHON

## MARCH 2, 2024

### What is the Little Rockers Kids Marathon?

The Little Rockers Kids Marathon is an event that gives children (1<sup>st</sup> thru 6<sup>th</sup> grade) the opportunity to complete the marathon distance (26.2 miles) over an extended period of time. Participants have several months to complete at least 25.2 miles and may run, jog, walk or do a combination of all three. Then on race day, all registered participants finish their marathon as they run their final mile on the official Little Rock Marathon race course and finish by crossing the official Little Rock Marathon finish line.

### Yearly Participation:

	2004	2005	2006	2007	2008	2009	2010	2011	2012	2013
Little Rockers	1,224	1,075	1,143	1,134	1,404	1,552	1,370	1,649	1,735	1,684
Training Program	1,193	1,237	1,337	1,892	3,447	4,712	3,418	4,190	4,372	4,539
Total	2,417	2,312	2,480	3,026	4,851	6,264	4,788	5,839	6,107	6,223

	2014	2015	2016	2017	2018	2019	2020	2021	2022	2023	Total
Little Rockers	1,901	1,778	2,335	2,743	2,080	1,780	2,023	115	598	1,346	30,669
Training Program	4,545	4,556	3,132	4,241	4,400	3,646	3,754	1,200	2,376	2,495	64,682
Total	6,446	6,334	5,467	6,984	6,480	5,426	5,777	1,315	2,974	3,841	95,351

### Free Training Program

The Little Rockers Kids Marathon Training Program is designed specifically for children and will help them reach their mileage goal prior to race day. The training program is free and available online or through a designated program of the Little Rockers Kids Marathon. Children can train at home with an adult training partner or can join a group if offered at school, church or any civic/community/athletic organization. *Parents should consult with your child's physician before beginning this or any fitness program.*

### Help Your Child Rock – Lead a Program Today

Forming a Little Rockers Program is fun and easy to begin. Programs are led by adult volunteers and can be conducted at school, church or any civic/community/athletic organization.

In 2023, programs were in Alexander, Arkadelphia, Benton, Bryant, DeWitt, Donaldson, Greenbrier, Little Rock, Malvern, Maumelle, North Little Rock, Rison, Star City, Stuttgart, and Ward.

To get detailed information on starting a group, please sign-up online. Once we receive your program's registration you will have access to tools designed to make starting a program fun and easy.

For More Information, please contact:

**Rhonda Redmond, Chair**

Little Rockers Kids Marathon

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